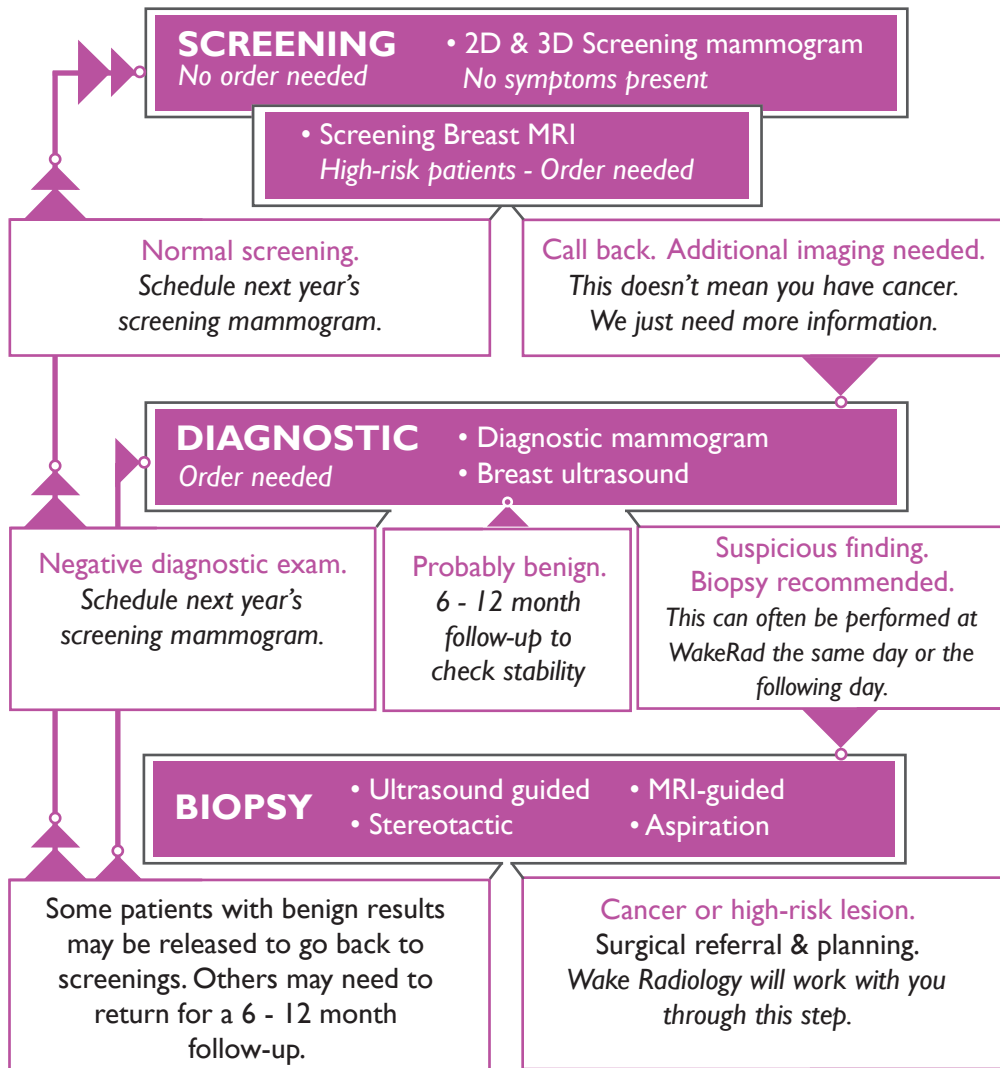


STANDARD SEQUENCE OF BREAST IMAGING



Comprehensive approach
Wake Radiology uses a thorough process for diagnosing breast cancer. We've outlined the standard sequence of breast imaging to help women understand the process we follow from screening to investigating a possible breast cancer diagnosis.

One size doesn't fit all
We recognize that no one woman is like another. All of our patients have unique health conditions, personal histories and specific concerns. This information highlights a routine process. A request for additional imaging simply helps us determine an accurate diagnosis.

Early detection is key
We recommend all women over 40 have annual screening mammograms. This is the best way to detect breast cancer early when it's most treatable. We also encourage our patients to talk with their primary care physician if they have specific concerns about their breast health.



WHERE DO YOU FIT?

YOUNGER THAN AGE 30	AGE 30 TO 39	AGE 40 AND UP
<ul style="list-style-type: none"> • Be familiar with your breasts so you'll know when something is different • Talk to your physician if you notice changes in your breasts 	<ul style="list-style-type: none"> • Talk to your physician and have a breast cancer risk assessment to determine when to start screening • Talk to your physician if you notice changes in your breasts 	<ul style="list-style-type: none"> • Have a screening mammogram every year • Talk to your physician if you notice changes in your breasts

CONTACT YOUR PHYSICIAN IF YOU EXPERIENCE ANY OF THESE SYMPTOMS

- Palpable lump in breast or underarm
- Swelling of all or part of a breast
- Skin changes or dimpling
- Nipple retraction
- New pain in one spot that doesn't go away
- New nipple discharge
- Change in the look or feel of your breasts or nipples